

OFFICIATING AND COACHING

Dr. Sugandh Eknathrao Band



ABOUT THE BOOK

Sports has gained massive popularity all over all the world and it has become a way of life. Sports serve a vital social and cultural function in the society and helps in all round development of human personality. It provides ample scope and healthy means for recreation and relaxation of human mind and society. And a healthy body is always recognised as important as a healthy mind. It provides opportunities for social interaction fostering peace and understanding among different people, nations, race, religion etc. Sports also provide platforms for the people and nations to complete with each other for achieving heights of excellence in human endeavour. From ancient times, yoga, sports and games, martial arts etc. have been the characteristics of our nations history. It is not surprising therefore, that the same tradition continued and sports started receiving a great deal of attention in India since Independence.

Based on the syllabus of graduate courses in physical education and sports sciences, this book is devised as an introductory text. Organised in four units, this book consists of the following chapters: Concept of Officiating and Coaching; Importance and Principles of Officiating; Relation of Official and Coach with Management, Players and Spectators; Measure the improving the standards of Officiating and Coaching; Duties of Coach in General, Pre-, During and Post-Game; Philosophy of Coaching; Responsibilities of Coach on and Off the Field; Psychology of Competition and Coaching; Duties of Official in General, Pre-, During and Post-Game; Philosophy of Officiating; Mechanics of Officiating—Positions, Singles and Movement; Ethics of Officiating; Qualities and Qualifications of Coach and Official; General Rules of Games and Sports; Eligibility Rules of Intercollegiate and Inter-University Tournaments; and Bibliography.

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